# SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

## SAULT STE. MARIE, ON

# **COURSE OUTLINE**

| COURSE TITLE | : FAMILY SUPPORT SYS  | TEMS  |  |  |  |
|--------------|---|---|--|--|--|
| CODE NO.:    | DSW 220   | SEMESTER: FOUR                                      |  |  |  |
| PROGRAM:     | DEVELOPMENTAL SERVICES WORKER   |   |  |  |  |
| AUTHOR:      | MICHAEL MCFARLING M.A., C.C.W.  |   |  |  |  |
| DATE:        | JANUARY 1996  | resiment<br>o diches beit her sequential developmen |  |  |  |
|              |   |   |  |  |  |
|              | NEW:  | REVISED: _X_  |  |  |  |
| APPROVED:    | Kitty DeRosario, Dean<br>School of Human Science<br>Teacher Education | Date Date   |  |  |  |

\*\*NOTE:

Do not discard this outline. It will be required by other educational institutions if you are attempting to obtain credit for this course.



## FAMILY SUPPORT SYSTEMS DSW 220-3

Instructor: Michael McFarling
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#### PHILOSOPHY/GOALS

This course will provide the student with an overview of the family as a social system. Issues relating to family and society will be examined. The impact of exceptionality on the family will be studied with a view to maximizing family support of the individual. Access to community resources and the collaborative role of DSW will be emphasised.

## STUDENT PERFORMANCE OBJECTIVES

Upon completion of this course the student will be able to:

1. discuss the principles of family systems theory.

Indicators: The student will;

a. discuss family characteristics inclusive of personality traits, stressors and demographics.

b. delineate the roles and relationships that occur amongst sub-groups of family

c. discuss both the sequential developmental and non-developmental changes that impact the family.

d. describe life transitions, interpersonal processes and environmental properties relative to the systemic view.

2. discuss the relevance of family history and culture on the formation, function and maintenance of the family.

Indicators: The student will;

a. detail the relevance of the genogram from a personal and professional perspective.

b. describe the use of the genogram in the therapeutic context.

- c. complete a personal genogram including detailed analysis and visual representation.
- 3. discuss the dynamics that are indicative of healthy/adaptive, and dysfunctional families.

Indicators; The student will;

a. discuss the impact of exceptionality on the family.

- b. discuss the resources available to the family to support the maintenance of the unit.
- c. determine the factors that would impact negatively on the family unit and identify pertinent support services.

d. discuss the assessment process as it pertains to a holistic view of family issues.

4. describe the factors inherent in the collaborative process.

Indicators: the student will;

a. operationally define the concept of collaboration.

b. list an describe areas open to collaboration.

- c. outline the steps in the collaborative process and support with concrete examples and strategy.
- d. discuss potential barriers to the process and suggest potential strategies to deal with these barriers.

5. propose a representative sample of parenting classes that would serve as appropriate vehicles to educate and support parents from a professional DSW perspective.

Indicators: The student will;

a. demonstrate inquiry techniques geared to determine needs areas.

b. develop and present in a parenting class reflective of sound theoretical and practical perspective.

demonstrate and evaluate the team approach in line with this presentation.

6. articulate the professional role of the DSW in the realm of family work.

Indicators: The student will:

- a. describe the role the DSW can assume in working with families.
- b. discuss limitations and boundaries of the profession.c. state the ethics of therapeutic alliances with families.
- d. discuss the multidisciplinary approach to family support.

# REQUIRED STUDENT RESOURCES

Shea, Thomas M., and Bauer, Anne M.(1991). <u>Parents and Teachers of Children with Exceptionalities</u>: a Handbook for Collaboration. Allyn and Bacon.

# COURSE REQUIREMENTS

Methods of presentation will vary relative to subject matter.

Due to the heavy placement/academic demands of this semester, time will periodically be scheduled during regular classroom sessions to work on required group projects--usual criteria must be met.

Students will be required to:

- a. attend and participate at a level reflective of a professional commitment to the human service field.
- b. prepare and present a parent education session and evaluate the group process inherent in the preparation and presentation. Description included.

c. complete all assignments in the appropriate fashion and on time.

d. to review personal/familial development

e. to complete three tests on materials presented/discussed

f. to complete self/peer evaluation

\*NOTE: Due to the purpose of and the logistics involved there will be no opportunity to write quizzes that are missed. As is policy there is no "makeup" time /tests etc.

## **EVALUATION**

| 1. | Attendance, participation and preparation | 15% |
|----|---|-----|
| 2. | Critique of a magazine                    | 5%  |
| 3. | Test I                                    | 16% |
| 4. | Test II                                   | 16% |
| 5. | Test III                                  | 16% |
| 6. | Genogram & Family Profile                 | 10% |
|    | (See attached)                            |     |
|    |   |     |

7. Parent Workshop/Evaluation 22%

100%

## **COLLEGE GRADING POLICY**

90 - 100% = A+ 80 - 89% = A 70 - 79% = B 60 - 69% = C BELOW 60% = R

#### SPECIAL NOTES

Students with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the right to modify the course as he/she requires in order to meet the needs of students. Students will be notified in writing of significant changes.

Students are required to keep copies of any material submitted to the instructor for evaluation purposes.

Attendance - missing a student presentation puts you into a double jeopardy situation. Not only do you not receive an attendance point but also forfeit one.

# ATTENDANCE, PARTICIPATION AND PREPARATION:

Given the nature of the field you have chosen it is essential that you develop team work skills. In this regard it is essential that you attend and participate in that much of the "team" learning here will be enhanced experientially.

Participants are expected to be prepared - having completed readings etc. as assigned. The potential of the "pop-quiz" looms on the horizon and if given will contribute to this evaluative component.

#### CRITIQUE OF A MAGAZINE

There is a wide variety of magazines available geared to parents and parenting eg. Parents and Exceptional Parent.

This assignment requires that you examine a parenting magazine and write a critique on the content of the magazine. It is important to comment on the advertizing included and the overall style of the magazine. You are to suggest the overall value of this magazine to families and give evidence to support your position.

This assignment is to be typed and referenced in the proper format.

\* Due date for this assignment is January 25/96.

# PROJECT - PARENT EDUCATION CLASS SESSION

- (1) Project ideas/topics must be discussed with and approved by the instructor.
- (2) Group members will be required to evaluate self/others according to prescribed format. Using the form and the outline (attached).
- (3) Time will be scheduled to work on group projects. This will consist of documented independent (group) work periods that will occur during regularly scheduled class periods. Groups however will require additional time to work on projects outside of class.

During these work sessions the instructor will be directly accessible as a resource. It is essential therefore that groups come prepared with all materials required for these work periods.

- (4) Final projects will be typed, referenced and submitted to the instructor in the appropriate form the day of the presentation.
- (5) Teams will self select. It is a skill to be able to work effectively with a broad range of individuals. It is in this regard that I suggest that you work with individuals that you have not worked extensively with in the past.

## FORMAT FOR PRESENTATION:

Due to the time constraints and the nature of this class, rescheduling presentation dates will not be done by the instructor. Arrangements may be made amongst the groups to switch presentation dates but written notice must be given to the instructor one week in advance of the presentation.

Notice must be signed by each of the groups involved.

The parenting class will be presented to your class group and a typed overview submitted to the instructor. The written format is to include the objectives, methodologies and the resources used or applicable to your topic area. The resource list should be available to the class for future reference.

The presentation is to be LIMITED to ONE HOUR and is to include the following;

a. promotional advertising brochure.

b. an introduction consisting of warm-up activity in the form of an icebreaker etc...

The presentation needs to be professional in format. It needs to be practical and based on sound theory. Presentations should be creative and seek to promote active group participation.

#### **Tests**

Tests will more often than not be of a short answer nature.

Readings from the text, lecture material, in class group work and presentation material are subject to evaluation in this format. It is the learners responsibility to obtain any handouts etc. missed.

#### Test Dates Are:

Test #1 Feb. 15/96 Test #2 Mar. 21/96 Test #3 Apr. 25/96

#### GENOGRAM AND FAMILY PROFILE:

One must be in touch with self to be effective in working with others. In this regard, each student is expected to develop at least an introductory sense of their own family composition and history. One way of arriving at this point is to construct a genogram (a diagram of family composition) and a written description of family history and culture. Provision will be made to selectively share this material with others in the confidence of the class group.

A detailed description of this assignment follows and will be and discussed in class.

- \* Thus assignment is due March 21/96
- \*\*Due dates and deadlines are a fact of life in the professional world. In this regard, assignments/presentations not submitted on/prior to the scheduled due dates will not be considered for evaluation.

The instructor will run photocopies/overheads and book A.V. equipment for presentations in this class. One weeks notice is required.

